



Child and Adolescent Mental Health Services



A beautiful place to learn and grow!!

A division of
**Clinic Brain
Neuropsychiatric
Institute and
Research Centre**



19/C Pioneer Park, Barasat, Kolkata 700124

Children are the future of our community. Our collective well-being is only as strong as the children we raise together. Happy, healthy children and their families keep our community vibrant. Today's world presents infinite challenges for children. Our goal is to assist children to be emotionally and developmentally prepared, ready to face the challenges so that they become successful in their school and home environments.

Our new initiative in this direction is the establishment of "Child And Adolescent Mental Health Services", located at Pioneer Park, Barasat, North 24 Parganas. It is a division of the "Clinic Brain Neuropsychiatric Institute And Research Centre". This new initiative will specially cater to the needs of children and their families who are experiencing mental health difficulties and associated issues.

Our team of specialists will work closely with patients, families and other healthcare professionals to ensure that each child's communication, development, learning and cognitive needs are fully evaluated and adequately addressed. We offer them opportunities to learn new skills to help them to help themselves.



Dr. Gautam Saha

MD (Psychiatry), FRCP (Edin, UK)
Founder-Director

Mission

Advance the mental health of children and adolescents through family-centered clinical services, education, career counseling and research.



Our available services

- ❑ Comprehensive assessment of mental status of children
- ❑ Taking care of children by child psychiatrist, child psychologist, special educator, speech therapist & occupational therapist and paediatrician
- ❑ Special care for children with Intellectual Disability (Mental Retardation), Attention Deficit Hyperactive Disorder (ADHD), Autistic Spectrum Disorder (ASD), Specific Learning Disability (SLD)
- ❑ Adolescent Addiction Treatment
- ❑ Most modern technology evidence based treatment available
- ❑ Stress Management
- ❑ Career counseling and personality development

Consultant Psychiatrists



Dr. Gautam Saha
MBBS, MD (Cal)
FRCP (Edin)



Dr. Rajashree Ray
MBBS, MD
FRCPsych (UK)
CCT (UK)

Dance Movement Therapist



Dr. Arpita Chatterjee
MSc. PhD, D.Litt

Clinical & Rehabilitation Psychologist



Ms Ipsita Banik
M.Phil in Clinical Psychology [C.U.]
P.G.D. in Rehabilitation Psychology [C.U.]

Clinical Psychology

Tests for: Intellectual Disability, ADHD, ASD, SLD, Aptitudinal Tests, Behaviour Disorder Tests, Socially Deviant Behaviours

Therapies Offered: Behavioural Therapy, Parental Counselling, Life Skills and Assertiveness Training, Confidence Building, Anger management, De-Addiction for Drugs and Internet/ Gaming, School Refusal, Interpersonal and Relationship Issues

Special Education

Patients Seen: ADHD, ASD, Intellectual Disability

Services Offered: Goal setting, Parental Guidance, Social and Interventional Skill developments, Art Therapy, Play therapy with Flash Cards and Puzzle's, TLM

Speech Therapy

Patients Seen: ADHD, Autism, Intellectual Disability, Cleft Lip / Palate, Stuttering difficulties, Hearing Loss, Voice Problems

Services Offered: Voice Therapy, Speech and Language Assessment, Voice Assessment, Fluency Assessment, Management of Stuttering

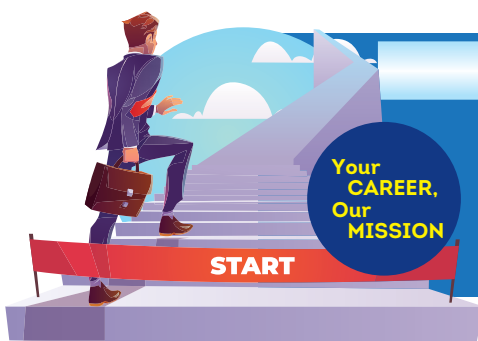
Occupational Therapy

Patients Seen: Childhood Neurological Disorder, Cerebral Palsy, Autism, ADHD, ASD, Intellectual Disability, Down's Syndrome, Hydrocephalus, Post Surgical Rehabilitation

Services Offered: Visual perception, Auditory Stimulation, Body mechanism & Kinaesthesia, Sensory Integration Therapy, Proprioception Issues, Music Therapy, Yoga

Career Counselling and Coaching

- Career Assessment
- Career Counselling
- Psychometric Tests
- Psychological Counselling
- Skill Development
- Career Guidance
- Career Selection





Services

- ◆ Comprehensive Assessment
- ◆ Individualised Treatment Plan
- ◆ Psychology Services
- ◆ Occupational Therapy
- ◆ Speech and Language Therapy
- ◆ Special Educator
- ◆ Dance Movement Therapy
- ◆ Career Counselling

Contact

19/C Pioneer Park, Barasat, Kolkata 700124

Clinic Brain Neuropsychiatric
Institute & Research Centre

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Child and Adolescent Mental
Health Services

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